

Dr Aimun Ahmed

MB BCh MSc MD PGC Med Ed FRCP

Curriculum Vitae

January 2026

Personal Details

Name: Aimun K H Ahmed
E-mail address: aimun.ahmed@lthtr.nhs.uk & aimun@doctors.org.uk
Place of birth and nationality: Glasgow UK, British

Registrations

General Medical Council: Full registration number: 6036598
Medical Protection Society MPS: Membership number: 453174

Qualifications

(May 2013) PGC of Medical Education- Manchester University
(October 2012) Fellow of the Royal College of Physicians FRCP UK
(September 2009) CCST in Renal Medicine and General Medicine UK
(May 2008) MD in Nephrology, University of Sheffield, UK
(December 2006) MD in General Medicine- Ain Shams University
(July 2004) Member of the Royal College of Physicians MRCP London
(May 2000) Master in GIM (MSc) Ain Shams University
(Dec 1995) MB BCh (Hons)- Ain Shams University- Cairo

Honorary Titles

(March 2012) Associate Professor of Renal Medicine -Ain Shams University
(April 2012) Senior Lecturer- Manchester University
(May 2012) Former Senior Lecturer- Lancaster University
(January 2015-2026) Renal ambassador ISN

Employment

Current post (December 2009- to date)

**Consultant Nephrologist
Department of Renal Medicine
Royal Preston Hospital
Lancashire Teaching Hospitals
NHS Foundation Trust**

I am a Transplant physician with sub special interest in kidney transplantation, live kidney donation and post transplantation care.

I have also interest in advanced kidney disease and the failing kidney transplant.

I am the Lead for living kidney donation at LTHTR.

I also have weekly Post-Transplant follow up clinics, General Nephrology;

Glomerulonephritis, CKD, AKI, Peritoneal dialysis and Haemodialysis.

The Lancashire Kidney Centre provides a comprehensive regional service for renal medicine for a catchment population of approximately 1.7 million, one of the the biggest Trusts in the UK. The Royal Preston Hospital has been designated as a renal hub for Lancashire and Morecambe Bay. The Directorate comprises central dialysis hub and 7 satellites dialysis unit dialysis. The total RRT population of 850 patients, in excess of 700 Hospital Haemodialysis patients, 100 patients dialyse at home (APD, CAPD, and Home HD). There is a separate CAPD and Home Haemodialysis training facility at the Chorley and Kenal.

The hub unit in Preston provides:-

- Acute dialysis from the catchment area
- 28 haemodialysis stations for management of acute and chronic renal failure.
- Investigation and treatment of acute renal failure.
- Haemodialysis patients requiring service of hub unit because of intermittent medical and surgical problems.
- Haemodialysis for patients with blood borne viruses, etc., Hepatitis C and other microbiological infections, e.g. MRSA.
- Plasma exchange.
- A 27-bedded nephrology ward at the Royal Preston Hospital site with acute dialysis facility.
- Inpatient beds for investigation and treatment of patients with renal disease who do not require dialysis (nephrology).
- Facilities for renal biopsy and its interpretation and access to microscopy, electron microscopy, immunocytochemistry and immunofluorescence.
- Interventional radiology for renal disease and vascular access.
- Vascular access surgery.
- Technical support services and maintenance of equipment for satellite units, home dialysis and CAPD, and medical insertion of Dilaysis access and PD catheter access.
- Training of Junior doctors and trainees in renal and general medicine, also to international fellows and scholars.

The Lancashire Kidney Centre is recognised centre for training since 2012 by the ISN and ERA, the Department undertakes 250 renal biopsies per year (both native and transplant). Approximately 100 on average renal transplants/year and also provides referral for combined pancreatic/renal transplants and islet/pancreas only transplant performed at Manchester Royal Infirmary.

Patients are transferred back to Preston for follow-up 3 weeks post transplant with a present transplant stock of 900 patients.

I am the Renal Department research lead, I have increased renal studies' recruitment, particularly the commercial studies. At a national level, I am a member of the Transplant Study Group, part of the UK Kidney Research Consortium, dedicated to initiating and supporting research in renal transplantation.

Previous posts:

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|------------------------|---|
| (Feb 2005 – Sept 2009) | Specialist Registrar in Nephrology/GIM,
Sheffield Kidney Institute (SKI)
Sheffield Teaching Hospital |
| (Oct 2004 – Feb 05) | Specialist Registrar in Nephrology (LAT),
Leicester General Hospital,
University Hospitals of Leicester |
| (Feb 2004- Oct 2004) | Senior House Officer in General Medicine,
Hull and East Yorkshire Hospitals |
| (Feb 2003- Feb2004) | Senior SHO General Medicine, University Hospitals |

(Jan 2001- Feb 2003)	of Morecambe Bay NHS Trust. Clinical Research Fellow in Nephrology Sheffield Kidney Institute, University of Sheffield,
(Nov 1997 – Dec 2000)	Specialist Registrar in Nephrology/GIM Ain Shams University Hospitals, Cairo- Egypt
(Jan 1996 - Nov 1997)	SHO/HO General Medicine/General Surgery, Ain Shams University Hospitals, Cairo – Egypt

Awards/Fellowships/Prizes/Grants

- (2000-2002) ISN Fellow; Clinical Research Fellowship at the University of Sheffield, UK
- Prize from the 2nd World Congress of Nephrology Berlin, Germany 2003
- Prize from the 3rd World Congress of Nephrology, Singapore 2005
- Award and sponsorship by the European Renal Association ERA-EDTA for innovating a new course "The Preston Renal Biopsy Course"

Membership of Learned Societies

- ISN Member - membership number 26311
- ERA-EDTA Member membership number 28644
- UK Kidney Association Member

Teaching/Courses/Renal CME /Training/Invited Speaker/SRCP/EAP

I organise 3 key annual UK renal courses based on innovation in teaching and education, 2 courses based on hands-on experience and the other is based on clinical cases. The Preston Peritoneal Dialysis catheter insertion course since 2018, The Renal Biopsy Courses since 2012 both courses attract delegates from all over the world to prove that the Renal Department at Lancashire Teaching Hospitals is an international destination for renal education with nephrologist from 48 countries over 5 continents coming to Preston. The third course is the Applied Nephrology Course which is based on interactive applied cases.

Summary of recent ISN EAP (Renal Ambassador) Visits

1. March 2012 Damanhour Renal Unit, Egypt (part of Sheffield-Damanhour SRCP program)
2. March 2019- Nephrology Department, Almaty, Kazakhstan.
3. November 2021 - Nephrology Department in Sarajevo and Tuzla, Bosnia
4. March 2023- Nephrology Department Central Hospital Tashkent, Uzbekistan
5. October 2025 Nephrology Department Dushanbe, Tajikistan

Some of the invited speaker lectures

1. Organised 1st Dubai Renal Pathology Course October 2014
2. Invited Expert at Cairo Military Hospitals February 2016, 2017 and 2018
3. Invited speaker to various hospitals in Saudi Arabia KSA- February 2016
4. Invited to the annual Nephrology course- Mansoura Kidney Centre, Egypt- 2016
5. Organised 1st ESE Nephrology Course outside the UK in Egypt January 2017
6. Invited for presentation at the ISN Sister Renal Centre Programme (SRCP) session at the World congress of Nephrology in Mexico about the SRCP with Bosnia, April 2017
7. Invited speaker at Tanta University Annual conference at Alexandria, Egypt June 2021.
8. December 2021– Expert visit to El Galaa Military Teaching Hospitals; Cairo, Egypt

9. March 2022-Annal Conference of Jordan Society of Nephrology JSNRT, Amman Jordan
10. June 2022 Cairo University Nephrology meeting
11. June 2023 10th Croatian Transplantation School Metkovic, Croatia
12. April 2024, CKD Conference, Kalba Hospital Fujairah UAE
13. November 2024 Nephrology Department A-Z meeting, Ain Shams University Egypt
14. September 2025 Invited speaker at Nephro Alexandria Meeting, Alexandria Egypt.

Publications in the last 10 years

1-Ali H, Murtaza A, Anderton J, Ahmed A. Post renal biopsy complication rate and diagnostic yield comparing hands free (ultrasound-assisted) and ultrasound-guided biopsy techniques of renal allografts and native kidneys. **Springerplus.** 2015 Sep 12;4:491. doi: 10.1186/s40064-015-1292-0.

2-Hayhurst WS, Ahmed A. Assessment of physical activity in patients with chronic kidney disease and renal replacement therapy. **Springerplus.** 2015 Sep 21;4:536. doi: 10.1186/s40064-015-1338-3. eCollection 2015.

Ahmed A, Jorna T, Bhandari S.

Should We STOP Angiotensin Converting Enzyme Inhibitors/Angiotensin Receptor Blockers in Advanced Kidney Disease?

Nephron. 2016;133(3):147-58. doi: 10.1159/000447068. Epub 2016 Jun 24. Review.

3-Murtaza A, Ali H, Nair B, Ahmed AK.

Recurrence of Tubulointerstitial Nephritis Without Uveitis, in a Patient with Previous Tubulointerstitial Nephritis and Uveitis Syndrome After Transplant.

Exp Clin Transplant. 2016 Jun 29. doi: 10.6002/ect.2015.0329.

4-Ali H, Shaaban A, Murtaza A, Howell LE, Ahmed A.

Effect of Long-Term, Low-Dose Aspirin Therapy on Renal Graft Function.

Exp Clin Transplant. 2016 Dec 22. doi: 10.6002/ect.2016.0139. [Epub ahead of print]

Effect of Long-Term, Low-Dose Aspirin Therapy on Renal Graft Function.

5-Ali H, Shaaban A, Murtaza A, Howell LE, Ahmed A.

Exp Clin Transplant. 2017 Aug;15(4):400-404. doi: 10.6002/ect.2016.0139. Epub 2016 Dec 22.

6-A combined screening/treatment programme to prevent premature failure of renal transplants due to chronic rejection in patients with HLA antibodies.

7-Stringer D, Gardner LM, Peacock JL, Rebollo-Mesa I, Hilton R, Shaw O, Baker R, Clark B, Thuraisingham RC, Buckland M, Picton M, Worthington J, Borrowes R, Briggs D, Shah S, Shiu KY, McCullough K, Phanish M, Hegarty J, Stoves J, **Ahmed A**, Ayub W, Horne R, McCrone P, Kelly J, Murphy C, Dorling A. *Trials.* 2019 Aug 5;20(1):476. doi: 10.1186/s13063-019-3602-2. PMID: 31383029 Free PMC article. *Clinical Trial.*

2022 Dec 1;387(22):2021-2032. *NEJMoa*2210639. Epub 2022 Nov 3.

Renin-Angiotensin System Inhibition in Advanced Chronic Kidney Di6;385(25):2325-23358

8-Sunil Bhandari¹, Samir Mehta¹, Arif Khwaja¹, John G F Cleland¹, Natalie Ives Elizabeth Brettell¹, Paul Cockwell¹; STOP ACEi Trial Investigators

Collaborators, Aimun Ahmed, 021 Dec 16;385(25):2325-2335. doi:

10.1056/NEJMoa2113379. Epub 2021 Nov 5. Daprodustat for the Treatment of Anemia in Patients Undergoing Dialysis.

9-Samaan E, El-Etreby S, Ahmed A, El-Husseini F, Sabry A. Diabetes Metab Syndr.

2022 Jan;16(1):102368. doi: N10.1016/j.dsx.2021.102368. Epub 2021 Dec

15. PMID: 34942